

GOING ON A TRIP?

Before you pack your bags, make sure you're good to go!

Whether you're traveling for business or leisure, you want the right medical advice for your destination, activities and health status. Our travel consultations available to our enrolled patients will ensure you have a safe and problem free trip.

HOW TO PREPARE:

Before booking an appointment please complete the attached questionnaire and return to Lincoln Medical either in person or by email to info@lincolnmedical.co.nz

Based on the information provided we will assess the vaccinations and/or preventative medications required for your trip and advise you accordingly. (A \$30 administration fee applies).

We require prepayment of vaccines and will order vaccines on receipt of payment. Once we have received your confirmation (and payment) you are able to book an appointment with our nurses for vaccination (Please allow up to 20 min additional wait time post vaccinations).

You can receive some or all of the recommended travel vaccinations the day of your consultation or return to complete a recommended series. For example hepatitis A is a series of 2 injections that need to be given at 2 separate visits.

Depending on your travel plans you may also require a GP/NP consultation to issue prescriptions. If this is needed our nurses will advise you accordingly and book the appointment for you.

COST:

\$30 Administration Fee

Plus costs of vaccines as per recommendation

Plus cost of GP/NP consultation if required

TRAVEL ASSESSMENT FORM

Name:	Date of Birth:
	Male <input type="checkbox"/> Female <input type="checkbox"/>
Email:	Contact phone number:

PLEASE SUPPLY INFORMATION ABOUT YOUR TRIP IN THE SECTIONS BELOW

Date of departure:		Total length of trip:	
Country to be visited	Exact location or region	Urban or rural	Length of stay
1.			
2.			
3.			
Have you taken out travel insurance for this trip?		Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you plan to travel abroad again in the future?		Yes <input type="checkbox"/>	No <input type="checkbox"/>

Type of travel and purpose of trip – please tick all that apply

<input type="checkbox"/> Holiday	<input type="checkbox"/> Staying in hotel	<input type="checkbox"/> Backpacking	<u>Additional information:</u>
<input type="checkbox"/> Business trip	<input type="checkbox"/> Cruise Ship Trip	<input type="checkbox"/> camping/hostels	
<input type="checkbox"/> Expatriate	<input type="checkbox"/> Safari	<input type="checkbox"/> Adventure	
<input type="checkbox"/> Volunteer work	<input type="checkbox"/> Pilgrimage	<input type="checkbox"/> Diving	
<input type="checkbox"/> Healthcare worker	<input type="checkbox"/> Medical tourism	<input type="checkbox"/> Visiting fiends/family	

Please supply details of your personal medical history

	YES	NO	DETAILS
Any allergies including food, latex, medication			
Severe reaction to a vaccine before			
Tendency to faint with injections			
Any surgical operations in the past – including your spleen or thymus gland removed			
Recent chemotherapy/radiotherapy/organ transplant			
Anaemia			

Bleeding/clotting disorders (including history of DVT)			
Heart disease (eg angina, high blood pressure)			
Diabetes			
Disability			
Epilepsy/seizures			
Gastrointestinal (stomach) complaints			
Liver and or kidney problems			
HIV/AIDS			
Immune system condition			
Mental health issues (including anxiety, depression)			
Neurological (nervous system) illness			
Respiratory (lung) disease			
Rheumatology (joint) conditions			
Spleen problems			
Any other conditions			
WOMEN ONLY			
Are you pregnant?			
Are you breast feeding?			
Are you planning pregnancy while away?			
Are you currently taking any medication? (including prescribed, purchased or a contraceptive pill)			

Please supply information on any vaccines or malaria tablets taken in the past					
Tetanus /polio/diphtheria		MMR		Pneumococcal	
Malaria tablets		Hepatitis A		Meningitis	
Typhoid		Hepatitis B		Tick borne Encephalitis	
Rabies		BCG		Japanese Encephalitis	
Cholera		Influenza		Yellow fever	
Other:					

Any additional information: